

Why Choose The Insight Clinic

- Expert, Multidisciplinary Team
- High-Quality, Evidence-Based Services
- Seamless and Efficient Process
- Fast, Flexible, and Client-Centered
- Personalized, Integrated Care
- Supportive and Compassionate Environment
- Proven Track Record
- Innovation and Continuous Improvement



Visit our website for more information on our services!

Still have questions?

Ask your TIC therapist or book a FREE Initial Consult by scanning the QR code



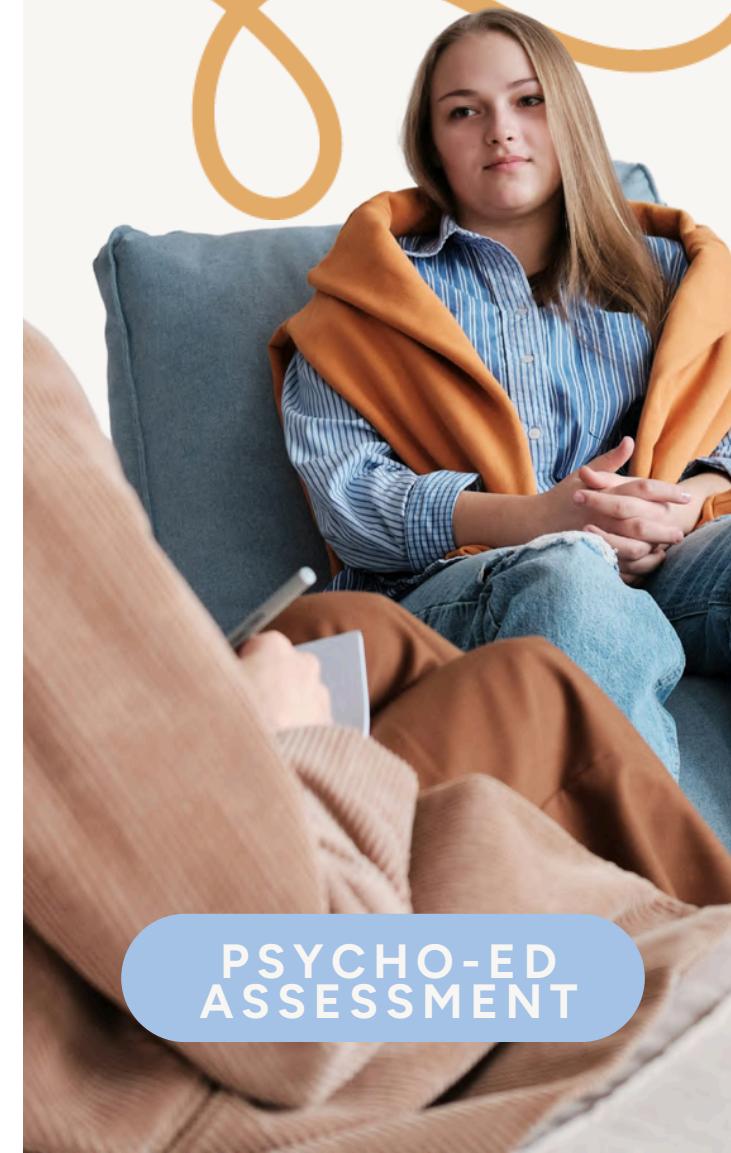
Contact Us

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THE
insight
clinic



**PSYCHO-ED
ASSESSMENT**



Where healing meets growth — and every journey has support.

At The Insight Clinic, we believe every individual has a unique way of learning, coping, and thriving. Our services are designed to support mental health, learning, development, and wellness in a way that feels personal, compassionate, and effective.

Our approach combines evidence-based therapy, collaboration with families, and the thoughtful use of innovative technology—all with one purpose: **Empower the mind. Strengthen the body. Support the whole person.**

PSYCHOEDUCATIONAL ASSESSMENTS

Supporting clarity, direction, and the right plan moving forward.

We offer assessments for:

- Giftedness
- ADHD
- Learning Difficulties (Dyslexia, Dysgraphia, etc.)

Children & Youth: Gain support for IEPs, accommodations, and educational planning.

Adults: Access workplace accommodations, career alignment, and personal understanding.

Benefits of a Psychoeducational Assessments

- **Clarity, not confusion:** The assessment helps identify whether learning challenges, attention difficulties, giftedness, or emotional factors may be affecting performance — providing individuals and families insights to guide understanding instead of guessing.
- **Personalized learning roadmap:** Results provide specific strategies and accommodations tailored to how the brain learns best, supporting more effective studying and helping students approach challenges with greater confidence.
- **Access to support and resources:** A formal assessment can open the door to academic accommodations, Individual Education Plans (IEPs), workplace adjustments, enrichment pathways, tutoring, or specialized therapeutic support.
- **Early intervention and prevention:** Understanding strengths and challenges early can support students in addressing potential sources of academic stress, missed opportunities, or behavioural concerns related to unmet needs.
- **Empowerment through understanding:** Learning more about how one learns — whether neurodivergent, gifted, or with a learning difference — can help individuals develop self-understanding, advocacy skills, and confidence.

TIC Core Services Include:

- Psychotherapy and Counselling
- Assessments (Psychoeducational, Giftedness, ADHD, Autism, MVA , WSIB, Psychiatrist)
- EMDR
- Neurofeedback and Other Technology-Assisted Therapy
- ABA Therapy for Children and Teens
- Academic Tutoring and Learning Support
- Art, Music, and Workplace Wellness Programs

What To Expect

1. Intake Session with Psychometrist
2. History Taking Session
3. First Test Administration
4. Second Test Administration
5. Follow Up Session with Psychologist

This does not evaluate mental health. For more information, visit our website [@theinsightclinic.ca](http://theinsightclinic.ca)

