

## Why Choose The Insight Clinic

- Expert, Multidisciplinary Team
- High-Quality, Evidence-Based Services
- Seamless and Efficient Process
- Fast, Flexible, and Client-Centered
- Personalized, Integrated Care
- Supportive and Compassionate Environment
- Proven Track Record
- Innovation and Continuous Improvement



Visit our website for more information on our services!

### Still have questions?

Ask your TIC therapist or book a FREE Initial Consult by scanning the QR code



## Contact Us

[booking@theinsightclinic.ca](mailto:booking@theinsightclinic.ca)

289-483-0133

[theinsightclinic.ca](https://theinsightclinic.ca)

THE  
**insight**  
clinic



**PSYCHO-ED  
ASSESSMENT**



**Where healing meets growth — and every journey has support.**

At The Insight Clinic, we believe every individual has a unique way of learning, coping, and thriving. Our services are designed to support mental health, learning, development, and wellness in a way that feels personal, compassionate, and effective.

Our approach combines evidence-based therapy, collaboration with families, and the thoughtful use of innovative technology—all with one purpose:  
**Empower the mind. Strengthen the body.  
Support the whole person.**

## PSYCHOEDUCATIONAL ASSESSMENTS

Supporting clarity, direction, and the right plan moving forward.

We offer assessments for:

- Giftedness
- ADHD
- Learning Difficulties (Dyslexia, Dysgraphia, etc.)

**Children & Youth:** Gain support for IEPs, accommodations, and educational planning.

**Adults:** Access workplace accommodations, career alignment, and personal understanding.

## Benefits of a Psychoeducational Assessments

- **Clarity, not confusion:** The assessment helps identify whether learning challenges, attention difficulties, giftedness, or emotional factors may be affecting performance — providing individuals and families insights to guide understanding instead of guessing.
- **Personalized learning roadmap:** Results provide specific strategies and accommodations tailored to how the brain learns best, supporting more effective studying and helping students approach challenges with greater confidence.
- **Access to support and resources:** A formal assessment can open the door to academic accommodations, Individual Education Plans (IEPs), workplace adjustments, enrichment pathways, tutoring, or specialized therapeutic support.
- **Early intervention and prevention:** Understanding strengths and challenges early can support students in addressing potential sources of academic stress, missed opportunities, or behavioural concerns related to unmet needs.
- **Empowerment through understanding:** Learning more about how one learns — whether neurodivergent, gifted, or with a learning difference — can help individuals develop self-understanding, advocacy skills, and confidence.

## TIC Core Services Include:

- Psychotherapy and Counselling
- Assessments (Psychoeducational, Giftedness, ADHD, Autism, MVA, WSIB, Psychiatrist)
- EMDR
- Neurofeedback and Other Technology-Assisted Therapy
- ABA Therapy for Children and Teens
- Academic Tutoring and Learning Support
- Art, Music, and Workplace Wellness Programs

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## What To Expect

1. Intake Session with Psychometrist
2. History Taking Session
3. First Test Administration
4. Second Test Administration
5. Follow Up Session with Psychologist

*This does not evaluate mental health, For more information, visit our website @theinsightclinic.ca*

